

**News Item** 

# BGS World School goes Memory Training and Memory Sports way to Enhance Learning Ability of Students

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### INTRODUCTION

BGS World School, Chickballapur one of the premier ICSE schools located in the outskirts of Bangalore, believes that there are still many ways to enhance learning ability of the students of the school and one of those is through memory training and memory sports. The school has gone into the memory training in a big way directly from Sqn Ldr R Jayshimha who is holding 21 Guinness Book Records and running 'Jayshimha Mind Education' in Hyderabad, a brain training institution. The school has put up its students to participate at the 9th Indian National Memory Championship 2018 and outshone in the championship as a school. Later the school Principal and students have participated at the 27th World Memory Championship 2018.

### **Origin and Development of the Memory Sport Council**

Tony Buzan, a renowned author, educational consultant, the father of memory training concept, inventor of mind mapping concept, a person who popularised the concept of mental literacy and taught the world the new way of thinking, is the founder of World Memory Sports Council. The Council has been operating from London since 1991 and has been conducting the Memory Sports Championship since then. This Council is the only official organization to conduct memory championship. The competition format created by the Council in 1991 are still being used for competitions and the council also believes that any one at any age may learn the necessary techniques of memory sport and get onto the top through practice. There are now competitors from 30 countries participating in the sport, all competing to become the next World Memory Champion.

### Vision of the Council

Mr Buzan wanted to put memory skills training and mental literacy skills at the heart of the education system worldwide to improve the learning outcome of the learners. The visions he coined by the Council are:

- To make learning mental literacy skills and memory techniques accessible to all irrespective of income, culture, circumstances, location, age or gender.
- To inspire people to take up the sport at every level by the achievements of our elite mental athletes.

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- To raise the profile of our memory stars and to ensure that they receive the international recognition
- that their achievements so richly deserve.
- To promote the highest levels of integrity, ethics, values and sportsmanship throughout the sport.
- To attract commercial sponsorship to be able to support the educational and charitable objectives of the organisation.
- To grow the sport in all continents and to eventually make it an Olympic sport.

### **Nature of Memory Sport**

"The memory sport is both a fun, valuable hobby as well as an amateur sport", says Buzan. At the fun end of 'Memory', informal competitions take place in Brain Clubs and in other Mind Sport groups taking many different forms. At a competitive level, there are ten specific disciplines which Tony Buzan and Raymond Keene, OBE, the other founder member of the organization, had laid down are:

- Memorising Names and Faces.
- Memorising Binary Numbers.
- Memorising Random Numbers.
- Memorising Abstract Images.
- Memorising Speed Numbers.
- Memorising Historic/ Future Dates.
- Memorising Random Playing Cards.
- Memorising Random Words.
- Memorising Spoken Numbers.
- Memorising Speed Cards.

### The Categories of the Memory Championship

The Council includes people of all age group to participate. It has categorized the participation in four age categories:-

- Kids Category-up to 12 years.
- Junior Category-from 13-24 years.
- Adult Category-from 25-59 years.
- Senior Category-above 60 years.

#### **Establishment of Indian Memory Sports Council**

Sqn Ldr R Jaysimha, the Managing Director, Jaysimha Mind Education, Hyderabad who has made 21 Guinness Book Records, is currently the President of World Memory Sport Council, India. Jayshimha feels, "Memory is one of the five 'Mind Sports' others being the Speed Reading, IQ, Creativity and Mind Mapping. All of them are competitive sports and they collectively can help anyone to become better in their studies or works". He has been organizing the Indian Monroy Championships and in the year 2019 he has organized the 9th National Memory Championship at Hyderabad on 14 October 2018.

## Laurels Eared by the School from the National Championship

BGS World School, Chickballapur has enrolled 480 students

from VI to VIII standard for memory training in the month of August 2018. In the 9th Indian National Memory Championship 2018 held in Hotel Manohar, Hyderabad on October 14, 2018 the school has put up a total of 82 students and 3 staff members, including the Principal, to participated in the championship. The Vic Principal of the School Mrs Chhabi Mandal and Mrs Meghana rendered their services as the Arbiter in the championship. It is indeed the highest ever number to participate as a single school in the history of the Indian Memory Championship and the school has bagged 14 medals. The medal tally for the school is Wg Cdr RK Mandal, Principal -2 (Bronze) medals, N Satya Kumar, staff -6 (3 silver and 3 bronze) medals, Shivani EM, student -2 (Gold & Silver) medals, Gana Reddy H - 2 (bronze) medals, Raghav M Gowda, student-1 (Gold) medal and Ananya N Swamy -1 (Sliver) medal.

### Award Ceremony in BGS World School

An award ceremony of the medal was held at BGS World School, Chickballapur on November 24, 2018. While Sri Sri Mangalanatha Swamiji, Secretary, Sri Adichunchanagiri Mahasamthana Mutt, Chickballapur, under whose patronage the school runs, presided over the ceremony, Sqn Ldr R Jayasimha was the chief guest. Dr. N. Shivarama Reddy, Chief Administrative Officer, Sri Adi Chunchanagiri Shikshana Trust and Maj Gen C. D. Sawanth, Memory Coach, Brainathon, were the guests of honour. The Principal of the school Wg Cdr R K Mandal, all staff members of the school and the parents of the students who won the medals were also present.

## Laurels Eared by the School from the World Championship

Principal of the school Wg Cdr Ranjit Kumar Mandal has led a team of two students named Miss Ananya N Swamy (Class VIII) and Master Chinmoy Swamy (Class VI), a staff member for the 27th World Memory Championship held in Hong Kong between 20 and 22 December 2018. Miss Ananya N Swamy made the school, the state of Karnataka and India proud by winning the title of 'International Master of Memory (IMM)'. She has been the only contestant till that date in the whole globe to have won the title in the first attempt.

### Felicitation to the Achievers of the School

Sri Adichunchanagiri Shikshana Trust felicitated Ananya N Swamy (Class VIII) and Master Chinmoy Swamy, the students of the school, through organizing a press conference at its headquarters in Bangalore on 27 December 2018. Sri Sri Soumyanatha Swamiji of the Mutt felicitated the students by offering them shawls and garlands.

### Ananya Swami Brought Laurel from Tunisia

Miss Ananya Swami had participated at the 'Professional Memory Championship 2019' held at Tunisia on 24 March

2019. In the competition the participants of 7 countries contested. Miss Ananya Swami of BGS Word School (VIII), who won the International Master of Memory (IMM) title in the 27 World Memory Championship won all ten gold medals in all ten events. She won the 'Overall Championship'. Ananya Swami, on her return, has been felicitated by Sri Sri Sri Dr Nirmalanandanatha Swamiji, the President, Sri Adi Chunchanagiri Shiskhana Trust.

### **BGS World School Teacher's Memory Training**

The BGS World School, Chickballapur had organized a oneday Teacher's Training Programme for its teachers which was held on 24 March 2019. The purpose of the programme was to equip the teachers with memory techniques so that they can enhance their teaching abilities. Sqn Ldr R Jayashimha, the Director, Jayashimha Mind Education and the President, World Memory Sports Council of India, took the session. Ninety teachers of the school attended the programme. The session was all about academics covering almost all subjects for the school curriculum. The teachers seemed to be highly satisfied with the training and were seen to be highly excited to use the newly learnt memory techniques when the school academic session of 2019-20 would commence from 01 April 2019.

### Summer Memory Camp

The BGS World School, Chickballapur has organized the first ever 'Summer Memory Camp' in the school from 25-29 March 2019 for the students studying from V standard to X standard of the school. The programme has been kept open for people coming from of all walks of life from the age group of 11 years to 66 years. A total of 176 students have participated in the camp. During the camp the participants have been taught 10 Memory Techniques to make them ready to participate at the Championships and also several other techniques for enhancement of academics.

### Conclusion

The school management, staff, students and the parents are very happy that the school students have won such a credit in a single academic year. The school has resolved to continue the memory training more systematically to enhance the academic capability of the students. This school is also contemplating to host the national Championship in Chikballapur, where the school is located, for the year 2019 to facilitate more number of students to participate at the national championship.



Sqn Ldr Jayshmha, Director, Jayashima Brain Education, Hyderabad and the President World Memory Sports Council, India is conducting memory training at BGS World School



82 students and 4 staff members of BGS World School participating in the 9 Indian Memory Championship, Hyderabad and two staff members performed the task of Arbiter in the Championship



BGS World School Principal Wg Cdr RK Mandal (right) is seen as one of the guests in the awarding ceremony of the national championship at Hyderabad in 2018



Wg Cdr RK Mandal, Principal, BGS World School addressing the gathering in the awarding ceremony of the 9th Indian National Memory Championship 2018 at Hyderabad



Dr. Shivarama Reddy, CEO, Sri Adichunchanagiri Shikshana Trust awarding two Bronze Medals to Wg Cdr RK Mandal in a ceremony in the school which he in won the National Memory Championship 2018



The medal winners of BGS World School have posed for a photo with all dignitaries during the honouring ceremony held in the school after the National Memory Championship 2018



BGS World School participants are seen as a part of Indian Contingent of 27th World Memory Championship 2018 held in Hong Kong



The Principal of BGS World School (First Row left) and 2 students participated in the 27th World Memory Championship 2018 in Hong Kong



Ananya Swami N (VIII) of BGS World School won the 'International Master of Memory Title 2018' in the 27th World Memory Championship held in Hong Kong in her first attempt



Winner and participants of World Memory Championship of BGS World School are seen with Sri Sri Soumyanatha Swamiji, Sqn Ldr Jayshimha and Dr Shivarama Reddy at Sri Adichunchanagiri Mutt in Bangalore



Ananya Swami N (VIII) and Chinmay S (VI) of BGS World School are addressing the press in Bangalore after their creditable performance in the 27th World Memory Championship held in Hong Kong



Ananya Swami N (VII) and Chinmay S (VI) of BGS World School are being felicitated in Bangalore by Sri Sri Soumyanaths Swamiji for theirexcellent performance in the 27th World Memory Championship



Miss Ananaya Swami N (Right) received ten gold medals and the 'Overall Championship Trophy' at Tunisia after winning them in the 'Memory Championship for Professionals' on 24 March 2019