

# Challenges and condition of sports in India

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## Abstract

India has no sports culture, we live in a country where every citizen/ student of country is running like a horse by their parents for high percentage/ c.g.p.a. in studies and after that their competitive exams. Parents are not examining the capability of a student and not interested for talent of children. India is running fast in science and technology but slow in sports. Due to lack of support, mis-management in selection, financial problems and training. These sports activities are very helpful in government jobs if participation in national/ state level program. I have seen many cases, in which the students are suffering from the sports problems.

**Keywords:** Burden of studies, Game consoles, Financial problems, Sports culture, Technology

## Introduction

India has no sports culture and no trend. It has been seen that India is at last in the field of sports. In this research paper we have discussed many topics and express problems and their solutions.

From the independence of our country we get freedom for everything but not in sports, we live in an age where technological and digital atmosphere we talk to anyone with the difference of miles, sending information in a click, hybrid vehicles and many more But in sports improvement is very less .In 21st century most of the people of a country are not in favor of sports and assume the only ROGUE category people goes in the sports the gentle and innocent people does not. In other words, who has wish to play sports activities is treated as RODUE (LOAFER).As we know that, the physical and mentally growth of children (person) is very important for living and it is only getting by the sports activities .Every person explain you to study but in rare cases who force you to go in sports field.

As in this research paper it has been observed that only 10-20% students are trained and prepared for a particular sports game for career.

Many colleges, school and institutions rarely believe in the power of sports .They can only promote their companies and focus only on studies and force for it. In these institutes less facility of sports is available. The faculties and mentors don't take interest and students not move ahead towards state/national games. And many institutes can only express these things for admissions of students but don't implement in real.

In china there is sport's environment. From the younger age of children, parents support them in the field of sports. And result we all know; china has many Olympic medals and awards as compare to India and other country.

Many sports personality also suffer by government organization. M.S.Dhoni (International Indian cricketer). Geeta and Babita Fogat (International Indian wrestler) and many more personality in India who were harassed by the system of our country. Many of the personality's suicide after the limit of thrilled.

## Major problems

- Burden of studies from minor age--Now a days we can see that the student of primary classes take tuitions after school. They don't even get time for sports activity.

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The weight of their school bags more than the child. In small age they get pressure due to study like a higher secondary student.

- Mobiles, personal computers & game consoles— In the 4G life speed many of the companies providing high definition game consoles of each and every sports game. By these children don't get time for outdoor games and are busy with these consoles.
- Schools and Colleges not provide facility and support for sports—many of the schools and colleges don't have sports facilities. But in our country approval authorities can approving which is not right and legal.
- Financial problems in a family— every family is not in the condition of affording the sports equipment and fill the fees of academies and sports clubs. But from these children's hidden talents are affected.

### Solutions to Major Problems

- Burden of studies from minor age- By changes in the pattern of syllabus education system and try to decrease the pressure and making of relaxed atmosphere is necessary in the school and giving the chance to choosing of field and motivated for sports activity.
- Mobiles, personal computer and video games consoles – Request children to avoid mobiles and game consoles. And try to understand its negative impacts and effects. And force them for outdoor games.
- Schools and colleges not provide facility and support— Ministry of sports has to take strict action on it .Time to time inspections. And request to these colleges/schools to promote and support. And have to make sports culture and environment. Treated same as study.
- Financial problems in a family- Government have to establish government sports academics and clubs to provide better sports facilities by good and experienced coaches for every game. And provide necessary equipments at very low cost or free for middle class and poor category families.

### Conclusion

“The world will be a healthier and a less dangerous place if nation invested more seriously in the citizen's rights to participate in sports.” – United Nations Report.

Gone are the days when the nation's power was being judged by its military strength and wealth. Today that notion is fast changing with the radical spread of streamlined education coupled with access to information and exposure to the diversity of our planet. Sport, Entertainment, Knowledge and Economic vitality now showcase a nation's pride at the global level. Sport pushes the general population towards being fit, strong and conscious of one's general well being. Besides this, sub-consciously it helps in building strong ethics such as teamwork, integrity, leadership. All these have direct bearing on the productivity level of the working population leading to better economic condition of the nation.

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